

10th International Congress on Skiing and Skiing Val di Fiemme	DAY 1 January 28 Tuesday	Day2 January 29 Wednesday
	Theatre Tesero	Palafiemme Cavalese
08:30		
09:00		Keynote <b>Kirsty Elliot-Sale (UK)</b> Ovarian hormones: Friend or foe of female Olympians?
09:30		Invited: <b>Thomas Stöggl (AUT)</b> Trends, perspectives, opportunities and challenges with sensor technology in wintersports
10:00		Oral session: <b>Testing Technologies and Methodologies</b>
10:30		<b>Coffee Break</b>
11:00		Oral session: <b>Testing Technologies and Methodologies</b>
11:30		Company: <b>Skisens</b>
12:00		
12:30		<b>Lunch</b>
13:00	Registration	Invited: <b>Chiara Zoppiroli (ITA)</b> Laboratory and field testing integration for a better understanding of biathlon performance
13:30		Oral session: <b>Performance and Technique Analysis in Biathlon</b>
14:00	Invited: <b>Patricia Doyle-Baker (CAN)</b> Canadian Female performance in alpine ski racing: how they "train to train".	Institution: <b>IBU Academy</b>
14:30	Oral session: <b>Physiological, Biomechanical and Technical Factors of Performance</b>	<b>Honor speech: Erich Müller (AUT)</b> <b>ICSS 1996 – 2025:</b> <b>Science in skiing, past – present – future!</b> Chair: Dave Bacharach (USA)
15:00	Company: <b>Qualisys</b>	<b>Coffee Break</b>
15:30	<b>Coffee Break</b>	
16:00	Invited: <b>Guro Strøm Solli (NOR)</b> The Female Skier: Current Insights and Future Directions"	<b>Poster session</b> 3 min presentation from the podium (The printed version of the poster will be displayed from the 29th to the 1st of February.)
16:30	Oral session: <b>Physiological, Biomechanical and Technical Factors of Performance</b>	Invited: <b>Gregoire Millet (SWI)</b> Do women have to train differently in altitude?
17:00		Oral session: <b>Testing Technologies and Methodologies</b>
17:30	Special session	Oral session: <b>Physiological, Biomechanical and Technical Factors of Performance</b>
18:00		
18:30	<b>Opening Ceremony &amp; Welcome Party</b>	
19:00		
19:30		

10th International Congress on Skience and Skiing Val di Fiemme 2025	Day 3 January 30 Thursday		Day4 January 31 Thursday	
	Palafiemme Cavalese		Palafiemme Cavalese	
08:30	<b>Social activity: Alpine skiing</b> (Cross-country skiing will be also possible)		<b>Social activity: Alpine skiing</b> (Cross-country skiing will be also possible)	
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15:30	Oral session: <b>Injury Prevention and Risk Management in Skiing</b>	Oral session: <b>Biomechanics in Olympic and Paralympic Nordic Skiing</b>	Oral session: <b>Biomechanics in Alpine Skiing</b>	
16:00	<b>Coffee Break</b>		Company	
16:30	Keynote <b>Øyvind Sandbakk (NOR)</b> The Development Process of Bringing Junior Talents to the World-Class Stage in XC Skiing		<b>Coffee Break</b>	
17:00	Company		Keynote <b>Marco Narici (ITA)</b>	
17:30	Oral session: <b>Biomechanics in ski Mountaneering</b>	Oral session: <b>Coaching and Skill Development</b>	Oral session: <b>Advances in Ski Materials and Design</b>	Oral session: <b>Perspectives on Health, well being and Leisure in Skiing</b>
18:00	<b>Gala Dinner</b>			
18:30				
19:00				
19:30				

10th International Congress on Skience and Skiing Val di Fiemme 2025	<b>Day 5</b>	
	<b>February 1 Saturday</b>	
	Palafiemme Cavalese	
08:30	Invited: <b>Andreas Almqvist (SWE)</b> Optimising ski performance: a multi-scale analysis of ski-snow friction in cold conditions	
09:00	Oral session: <b>Analysis and Optimization of Ski-Snow Interactions</b>	Oral session: <b>Equipment in Ski Mountaineering</b>
09:30		
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	<b>Coffee Break</b>	
11:00	Keynote <b>Jörg Spörri (SWI)</b> Risk management in alpine ski racing – every piece of the puzzle counts!	
11:30		
12:00	Oral session: <b>Biomechanics in Alpine Skiing</b>	
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13:00	<b>YIA</b> Closing ceremony & farewell lunch	
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